



Computer Pals for Seniors  
Northern Beaches Inc.  
Member of ASCCA

The Tramshed  
Arts & Community Centre  
1395a Pittwater Road  
Narrabeen NSW 2101

Welcome to our August Newsletter

Invitation to all Members

All members and their friends are invited to our Club's

AGM

Which will be held on  
Wednesday 15 August 2012 starting at 1.30 pm  
In the Lakeview Hall,  
Tramshed Arts & Community Centre ,  
1395a Pittwater Road, Narrabeen

Many of the invited guests have accepted their Invitation,  
so, please make them feel welcome.

A delicious afternoon tea will be provided.

The Agenda and the Constitution of our Club will be available at  
the AGM, to those who wish to obtain one.

The 2011/2012 Committee



Left to right  
Top row: Corry  
Dancaster,  
Allan Burrowes  
(President)  
Maureen  
Wannell,  
Jim Parker,  
Bottom row:  
Linda Francis,  
Nan Bosler and  
Margaret  
Randall

**President:**  
Allan Burrowes  
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**Monthly meetings:**  
First Wednesday of each  
month starting at 12.15pm  
*This is a volunteer  
organisation.*

Inside this issue:

Welcome 1  
AGM 15 August 2012 1  
Club news 2  
Our Trainers 3  
Lexie is back! 4  
Mouse whispers 5  
Mac Pals 6

We gratefully acknowledge the assistance provided by the following sponsors



Computer Pals for Seniors Northern Beaches Inc.

**ASCCA NEWS**

**2 August 2012 - 2.00 pm** - ASCCA and Microsoft will be holding a special Cyber Security Session entitled "ThinkUKnow" at the Cooranbong Community Centre 614 Freemans Drive Cooranbong. The speaker will be a Senior Crime Prevention Officer from the Australian Federal Police. To attend this event, contact ASCCA board member, Annette Stuckey, westlake@bigpond.net.au

**1 - 8 September 2012** - Adult Learners Week - Theme, "Literacy: Connecting and Learning through Technology" <http://adultlearnersweek.org/>

**Monday, 3 September 2012**- ASCCA Members' Forum to celebrate Adult Learners Week. This will be a half day Seminar called iPads & Tablets; Way to go; learn more!

**3 September 2012** - ASCCA Competitions for 2012 close 4.00 pm.

**Tuesday 13 & Wednesday 14 November 2012** - 14th ASCCA Australian Computer Conference for Seniors at Rydges World Square, 389 Pitt Street, Sydney, NSW. The ASCCA Annual General Meeting will be held at the conclusion of the first day of the Conference on Tuesday 13 November 2012. Competition Presentations will be made at the AGM.

We welcome all our new Trainers and students. We hope that you will enjoy your time with us.



**Dates to remember**

Aug 1	12.15 Trainers meeting 2pm Committee meeting
Aug 15	1.30 AGM
Aug 18	PrintMaster Group
Sept 5	12.15 Trainers meeting 2pm Committee meeting
Sept 15	PrintMaster group
Sept 19	'Getting together'
Sept 21	Last day of Term 3

Members of our club would now be working on their entries for this year's competitions. There are categories for:

**Creative Writing, Club Newsletters, Club Websites, Digital Photography and Photo Slide Stories.**

All entries must be received prior to 4.00 pm on Monday 3rd September, 2012. **Good luck to you all!**

[Click here to read this year's competition rules and to obtain an entry form](#)

**Our Trainers**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Greg Ennis	Craig Cook	Jim Parker	Allan Burrowes	Brian Mackie
Joe Paardekooper	Allan Burrowes	Henri Osieck	Corry Dancaster	Gerri Cumpstey
John Fowler	Elaine Burnes	Win Nielsen	Ida Greenway	Glenda Kelly
Peter Whalan	Pat Kingham	Maureen Wannell	John Price	Len Slater
Linda Francis	Ken Brown	Dennis Lamberton	Paul Treichel	Paul Treichel
Claire Sommerville	Kristina Porteous	Joe Paardekooper	Anne Reid	
Geoff Taylor	Jo McNaughton	Don Roberts	Beth Tedray	
John Peachey	Kathy Flower	Kerry Orr	Meg Johnson	
	Pam Hunt			
	Pauline Roberts			

*Life's a ball, so keep it rolling.*





## SURFING

"Spring is here, the grass is riz,  
I wonder where the flowers is",  
Then "wonder on" 'cos it ain't Spring,  
It's Winter, fool, but still we'll sing !








The air is crisp, the sun is bright,  
By fires we huddle in the night,  
Sometimes the rain makes grasses green,  
The prettiest colour you've ever seen.

It's weather made for 'surfing' now,  
But not on beach, perhaps in snow,  
Get out those 'putes, get clicking fast,  
'Cos Winter doesn't always last.

The Spring will come, the grass will "riz",  
We'll have our 'putes, you know how 'tis,  
We'll still be 'surfing', beach or 'pute,  
As Scotties say " There is nae doot" !!

*Welcome back Lexie Warder*

### Free Tools & Services from Google

-  [Google Toolbar](#) Popup Blocker & Other Useful Features
-  [Google Translate](#) French, German, Spanish, many others
-  [GMail](#) Email Service with Many, Many Useful Features
-  [Google Maps](#) & Driving Directions
-  [Google Street View](#) See the Houses on Your Own Block - or Anywhere
-  [Google Earth](#) Outer Space View of Earth - Zoom in on your House
-  [Google Calendar](#) Get Organized with Free Calendar Program
-  [Google Alerts](#) Get Email Alerts on Topics of your Choice
-  [Google Book Search](#) Search the Full Text of Popular Books Online
-  [Blogger](#) Start Your Own BLOG for Free - Share Your Thoughts Online
-  [Google Docs - Google Drive](#) Free Cloud-Storage for your Files + Collaborate Online on Word Processing Documents, Spreadsheets & Presentations

### Some Web Sites with Information about Scams, Hoaxes, & Urban Legends

[www.scambusters.org](http://www.scambusters.org)  
[www.snopes.com](http://www.snopes.com)

"Happiness is when what you think, what you say and what you do are in harmony."

Handy Hint:-Throughout the newsletter there are numerous links (blue in colour) to the Internet. To access them quickly, place the mouse pointer on the link, hold Ctrl on the keyboard, and when the hand appears click on the link.

## Mouse Whispers

**W**hen you "delete" files they're not really deleted and they're not taking up space either. Think of your hard drive as a chalk board. When you erase a chalk board, you can't see what you erased (very well) but somewhere in the slate of the chalk board is everything you've ever written on it. But still you can write something new on it. So it is with your hard drive.

When you "delete" a file, you're telling Windows that you don't want that file anymore and telling Windows to use the space that file once occupied for something else. So Windows shows the space once occupied by that file as "available" so you can install a new program or use the space that whatever you deleted was occupying for something new. But, way down deep on the magnetic surface of your hard drive the file that you deleted is still there. That's how the FBI and other authorities gather evidence against criminals who think by deleting or formatting their hard drives they can erase all the incriminating evidence it might have once contained. But there is software available that can capture the faintest particles of deleted files and restore them. There is hardware available that can even extract more data from "formatted" hard drives. In fact most "formatted" hard drives can be completely restored. The software and hardware that can do this is very expensive for the most part. But you can find programs to download (some free) that can easily "undelete" a freshly deleted file.

The only way to completely remove data from your hard drive is by "erasing". Erasing is a very misleading term. If you want to be sure that deleted data can never be recovered from you hard drive you need to use a program that replaces the deleted data with gibberish. An "eraser" program like "Eraser" replaces "free space" created when you delete files by overwriting it many, many, times with unintelligible data (usually random sequences of numbers, letters, and symbols). Some good eraser programs may overwrite it hundreds of times with gibberish to make recovery impossible or nearly impossible.

**I**f you want to take the leap of changing the text size for everything on your computer you can use the methods below:

### Windows XP

Click Start

Select "Control Panel" from the pop-up menu.

Select "Display". A dialog will appear.

Click on the "Appearance" tab. From the "Font Size" menu, choose "Normal," "Large" or "Extra Large."

Click "Apply" then "OK" to activate the new settings. This will make the text on your computer screen, menus, folders and programs larger. You may have to restart your computer for the changes to take effect.

### Windows Vista / Windows 7

Click Start

Click Control Panel

Select "Appearance and Personalization" and click on "Personalization."

Click on "Adjust Font Size (DPI)" from the left column. A DPI Scale will appear.

Select "Larger Scale (120 DPI)," then click "Apply" and then "OK."

You must restart your computer for the changes to take effect.

We hope these tips and tricks will help you see more clearly :-)



**Everyone smiles in the same language.  
Smiling is our favorite exercise.**



**F**or interesting Hints and Tips for you to use, go to: <http://compalsnb.org.au/hints.htm>



## **A**pple releases Mac OS X 10.8, Lion takes to the mountains

By Leigh D. Stark | 4:54 pm 26/07/2012

The next evolution of Apple's operating system has arrived, with Mac OS X 10.8 "Mountain Lion" being rolled out around the world with an upgrade fee that's not much more than a CD.

You can buy a lot of things with twenty dollars, from a DVD or Blu-ray, a bargain bin video game, or some cheap headphones, but today you can now add an operating system to that list, with Apple's latest update to its Macintosh operating system now available in Australia for \$20.99.



Technically the ninth release of Mac OS X since the first version 10.0 or "Cheetah" was released in 2001, the newest incarnation of Mac OS brings with it system wide sharing for photos, videos, and links; the ability to speak at your Mac and have it convert your spoken word to text; a notification bar built into the side; Facebook and iCloud integration; and AirPlay mirroring so you can share the screen of your Mac wirelessly to an Apple TV.

"With iCloud integration, Mountain Lion is even easier to set up, and your important information stays up to date across all your devices so you can keep editing documents, taking notes, creating reminders, and continue conversations whether you started on a Mac, iPhone or iPad," said Apple's Philip Schiller, Senior Vice President of Worldwide Marketing at Apple.

Mountain Lion is available now from the App Store, provided you have 10.6.8 or higher on your Mac, for \$20.99.

We've been testing it for a few hours now and found that while there are quite a few bugs, on the whole, it's a worthy upgrade for Mac users. Safari has taken a page out of Google's Chrome book and ditched the search box altogether, combining it with the URL bar more commonly known in other browsers as the "omni bar".

We've had mixed success with dictation, and Facebook integration is actually missing from launch, set to appear later on.

If you upgrade today, you can expect a few teething issues as the system is brand new. We found that webpages wouldn't load properly in Google's Chrome browser until we refreshed a few times, though Safari had no problems. Random issues may pop up here and there, and you can expect some patches and updates being rolled out to apps in the coming weeks to fix any niggles that may appear, like our quibbles with Chrome.

Some Mac users may not even be able to upgrade, either. Apple's ugly forced upgrade policy is rearing its head with this release, locking out iMacs from before 2007, MacBooks from before the end of 2008, MacBook Pro laptops from before 2007, Mac Pro computers from before 2008, and Mac Mini desktops from before 2009.



**THERE YOU HAVE IT...and remember, life is good.**

