



November 2017 - Issue No.249

# PALS *by the* LAKE

COMPUTER PALS FOR  
SENIORS NORTHERN  
BEACHES INC.  
MEMBER OF ASCCA



THE TRAMSHED  
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Australian's voted **'YES'**. Marriage is open to all. How the tide changes.

*Dear subscriber,*

*Brace yourself for sooo much immediate and future change. It's not only happening in technology but as we can see in areas of politics, human rights and climate only to mention but a few. What doesn't change is the **Christmas euphoria**. So let's all try to ease our way comfortably into the **'silly season'**. **Enjoy!***

- [The Gossip](#)
- [Dates for our diary](#)
- [Spreading the Word: Social Media Simplified - SESSION](#)
- [ASCCA Training Programs](#)
- [Invitation to our 2017 Christmas Luncheon](#)
- [AVPALS courses](#)
- [DreamLab App](#)
- [Win and Thea's ArtStudio Session](#)
- [Thank you to Community Connect Northern Beaches](#)
- [19th Annual ASCCA Conference 2017](#)
- [Melbourne Cup Luncheon 2017 at the Cidery Bar](#)
- ['Taking the NBN out of the too Hard Basket' Session](#)
- [Vov Dylan String Quintet](#)
- [Brookie Show](#)
- [Learn all the new features in iOS 11 for your iPhone and iPad](#)
- [Learn 10 cool tips and tricks for Windows 10](#)
- [Please LIKE us on Facebook](#)
- [Would you like to be a Trainer?](#)
- [History of the Northern Beaches 'Manly, early attractions & activities'](#)
- [ASCCA November Newsletter 2017](#)
- [Let's do SOCIAL!](#)
- [Our website](#)
- [Online Safety](#)
- [Facebook for Computer Pals Northern Beaches](#)
- [Our Training Term Calendar for 2017](#)



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### The Gossip

Australian's voted 'YES' for same sex marriage. The air was electric and there were tears of joy. YES 61.6%, NO 38.4%. The people of Sydney's Northern Beaches seat have soundly rejected the anti-gay marriage sentiments of their local member Tony Abbott with 75 percent of respondents in support of the 'yes' result on the same-sex marriage survey. Let's use it again, that well worn cliché ***“The only constant is change!”***

Wouldn't it be more than a miracle if we could also change the connotation of the meaning of the big “C”? Well, here is our chance. Download an app and be part of the research to make the change happen. **Ron Smith**, CPNB trainer has brought to our attention an innovative app called **DreamLab**. Please read his article and also watch the short YouTube video both featured in this month's newsletter.

How many of us know and are aware of the name of the umbrella organisation that we call the 'glue' for all the Computer Pals clubs nationally? How wonderfull it was attending the two day conference held last week organised by our umbrella organisation ASCCA, Australian Seniors Computer Clubs Association. A very brief summary of the activities are outlined in this newsletter. All the highlights will be added to the ASCCA website. Hope to see you in 2018 at the next two-day 20th

Annual ASCCA Conference, meeting up with all the other member clubs nationally and listening to the most up-to-date, innovative presentations. Rydges World Square Hotel in the heart of Sydney's CBD is the perfect venue for a conference of this nature.

Please do not be disappointed if we cannot accommodate you at our Christmas Luncheon for 2017. All the details are outlined in this newsletter. We had a flood of bookings from last month's newsletter resulting in only a handful of seats left. We did mention 'first in first serve'. Santa and his helpers are looking forward to it too!

Our personal thanks to Win Nielsen and Thea Hall for presenting their outstanding ArtStudio session a couple of days ago. They were pleasantly complimented the day after the presentation via email from a couple of guests who saw the session listed in Manly Daily's "What's On" section. They enjoyed the presentation very much and were looking forward to attending future sessions held by us at Computer Pals Northern Beaches.

The last public session for this year will be 'Spreading the Word: Social Media Simplified'. Members and friends are very welcome. Full details are in this newsletter. Hope to see you there.

One last important thank you from all our volunteers and to Community Connect Northern Beaches who annually invite our CPNB volunteers to a free movie night at Warriewood United Cinema. This event was held a couple of evenings ago and we all enjoyed Murder on the Orient Express. See more in this newsletter.

Hope you enjoy this month's newsletter.

Take one deep, deep breath and ease your way into the silly season.  
Keep smiling, stay safe, healthy and run with change.

Talk to you on **Facebook** - daily and back here in our **Newsletter** - monthly.

Bye for now.

Kind regards,

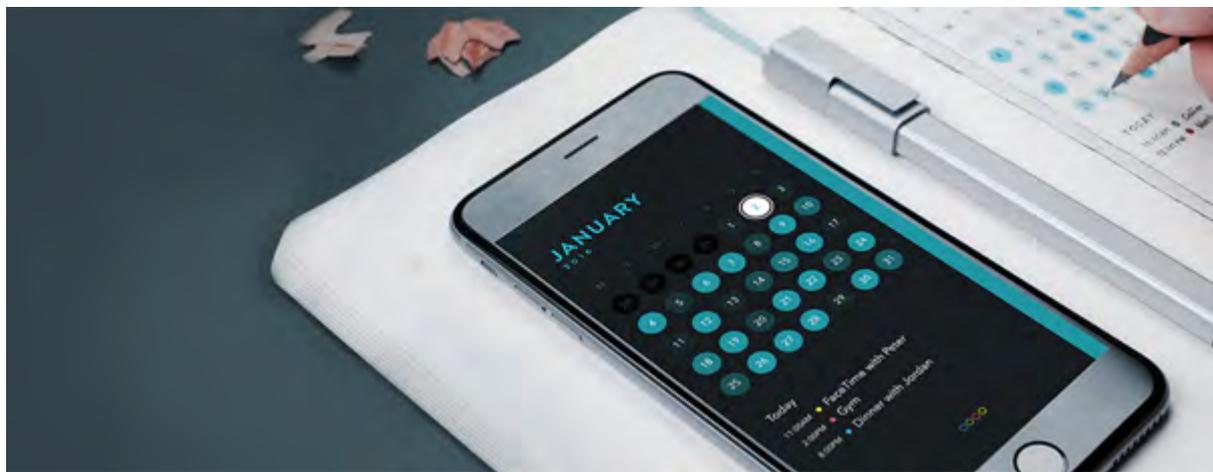
Judy Elias - Editor in Chief

[info@compalsnb.org.au](mailto:info@compalsnb.org.au)

**PS:** Chinese whispers, don't you just love them? We will keep you updated in our FLASH NEWSLETTERS, when we get official notice from Council, on when CPNB will be given the nod to relocate back to the Tramshed in 2018.

[back to top](#)

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## Dates for our diary

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**Term 4, 2017.** Monday 9 October to Friday 15 December 2017

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**Spreading the Word: Social Media Simplified. Wednesday 22 November 2017.** Facilitator: Judy Elias, The Meehan Room, Dee Why RSL, 12:15pm to 1:15pm, \$5.00 per person. Bookings essential: 0418 288 005 or [judy\\_elias@optusnet.com.au](mailto:judy_elias@optusnet.com.au) Everyone is welcome

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**Trainers Meeting,** Wednesday 6 December 2017, 12:15pm

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**Christmas Luncheon 2017.** Thursday 14 December 2017. Noon to 4:00pm. The Bored Monkey, 1304 Pittwater Rd, Narrabeen. Booking essential: [anne.computerpals@gmail.com](mailto:anne.computerpals@gmail.com)

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**ASCCA Courses,** 280 Pitt Street, Sydney. [20 November to 13 December 2017](#)

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**AVPALS Courses,** Newport Community Centre, 11 -13 The Boulevard, Newport. [17 October to 12 December 2017](#)

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**ASCCA Notice Board.** A list of many events and activities - [ASCCA newsletter - see page 2](#)

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## **Spreading the Word: Social Media Simplified - SESSION**

*Judy Elias, CPNB trainer & facilitator*

**Share photos, messages, videos, conversations, posts, emergency information in real time using social media.**

Learn how to share your photos with your family and friends. Have a two way or group conversation by messaging, calling or video. Read posts, view photos, videos and emergency information locally and internationally all in real time. Which app should be used - Facebook, Twitter, Instagram, YouTube, LinkedIn, Snapchat, Musical.ly, Pinterest? Please join us to find out.

**FACILITATOR:** Judy Elias

**WHEN:** Wednesday 22 November 2017

**TIME:** 12:15pm to 1:15pm

**WHERE:** The Meehan Room, Dee Why RSL

**COST:** \$5.00 per person

**BOOKINGS:** Essential

Please contact Judy Elias 0418 288 005 or [judy\\_elias@optusnet.com.au](mailto:judy_elias@optusnet.com.au)

**Everyone is welcome, please bring your friends.**

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*you're  
invited*



### **Invitation to our 2017 Christmas Luncheon at The Bored Monkey**

Can you believe it, there are only a few vacant seats left for our **Christmas Luncheon**. As luck would have it **Santa** and **his helpers** were delighted to accept our invitation too. They were even more chuffed knowing we have exclusive use of the function room plus a covered balcony at **The Bored Monkey** in Narrabeen. To top it off we have professional live entertainment (that is excluding our Santa)! **Dave Simons**, CPNB trainer will marvel us with his almost faultless renditions of old time favourites *Frank Sinatra* and *Elvis Presley*. Listen to Dave's singing and you will think they are back with us, alive and kicking!

#### ***An important couple of points we need to mention -***

- There is a back entrance to The Board Monkey in **Lagoon Street**, Narrabeen with a drive-in, **drop-off facility** for those who are unable to manage the stairs at the front entrance on Pittwater Rd, Narrabeen. This is NOT where we can park it is only a drop-off point. There is a council car park in Lagoon Street also street parking and of course across the road at the new carpark on Pittwater Rd at the Tramshed.
- Bookings will be accepted **first in first serve** for members and partner reservations.

**EVENT:** Christmas Luncheon

**WHEN:** Thursday 14 December, 2017

**TIME:** Noon to 4:00pm

**WHERE:** The Bored Monkey, 1304 Pittwater Rd, Narrabeen

**COST:** \$35 per head for **members** and \$45 per head for **partners**

**PARKING:** NOT on the premises. Drop-off ONLY at the back entrance in Lagoon St, Narrabeen

**BOOKINGS:** Essential

**RSVP:** to [anne.computerpals@gmail.com](mailto:anne.computerpals@gmail.com)

This is **first in first serve** for members and partner reservations.

# ASCCA



## ASCCA Training Programs - Designed for mature aged people

ASCCA located at 280 Pitt Street, Sydney, conducts a comprehensive number of training courses throughout the year. Our club members are offered course discounts. ASCCA courses for the next 2 months, November and December 2017 have now been released. Many of the old favourites are included. Please note the reply address for bookings has changed to:

[training@ascca.org.au](mailto:training@ascca.org.au)

Please take a look and make your booking.

[more about this](#)

## AVALON COMPUTER PALS FOR SENIORS

MY AGED GATEWAY PRESENTATION AND NEWPORT SHORT COURSES – TERM 3 2017

**Newport Community Centre 11-13, The Boulevard, Newport**

Booking for the Tuesday Courses is essential, for bookings **phone 8064 3574**.

All courses are for the **over 55s** only.

Find out what great courses are planned for Term 4, 17 October to 12 December 2017 at Newport Community Centre - from iPad/iPhone, Google Photos, Facebook to Windows 10 - all for only \$15 for each 2 hour session. Great value, great information - don't miss it. [click here](#)



Put your phone to use for good with the



DreamLab app.

## DreamLab App

*written by Ron Smith CPNB trainer*

**Have you ever wished that you could somehow be able to help find a cure for cancer?** Well now you can while you sleep.

The Garvan Institute of Medical Research right here in Sydney needs our help by giving them the power of our computer devices while we are not using them. An App called DreamLab has been developed and is available for Apple and Android devices. You simply download the free App, attach your mobile phone and/or tablet to a charge cord, open the App and leave it running before you go to bed at night, and in the morning turn it off again. It is that simple. [more about this](#)

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## Win and Thea's ArtStudio Session

**Win Nielsen and Thea Hall's Art Studio Session** held Wednesday 15 November, 2017 in the Meehan Room, Dee Why RSL was a brim with creative ideas for drawing, painting and editing. We were introduced to the standard tools used to master this wonderful iPad app, ArtStudio. The amazing Christmas and birthday cards Win created and handed out at the session wetted our appetite to download the app and create our own masterpieces!

What a bonus to take home a couple of mini colourful, step-by-step, printed reference manuals, personally compiled, layed-out and designed by both presenters. This session was videoed in preparation for our first 'HOW TO' YouTube online learning program.

A special congratulatory email was received the morning after the session from a couple of guests, who attended because of reading our promo in the 'What's On' section of Saturday's Manly Daily. They thanked CPNB for this session and

mentioned how much they enjoyed it and looked forward to future sessions. We too all look forward to the second session in the Tramshed sometime in 2018.

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### **Thank you to Community Connect Northern Beaches**

One important thank you from all our CPNB volunteers and to Community Connect Northern Beaches who annually invite our volunteers to a free movie night at Warriewood United Cinema. This event was held Friday 15 November, 2017 and we all thoroughly enjoyed 'Murder on the Orient Express'.

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### **19th Annual ASCCA Conference 2017**

ASCCA's 19th Annual Conference 2017 at Rydges World Square Hotel, Sydney,

Wednesday 8 and Thursday 9 November 2017. Firstly, and most, most, most importantly we must thank Nan and the ASCCA team for organising such a wonderful jam packed, friendly, fun, informative, relevant and up-to-date two days of enlightenment. The many presenters could not be faulted as they highlighted and showcased their organisations area of expertise.

How technology has moved forward in only 12 months! It is also always a welcoming and refreshing experience meeting up with other Compals members nationally. There is sooo much we can share and gain by this form of networking. It places it all in context. It would take too long to explain our experience at each session we attended.

Please take a look at ASCCA's website for videos of the sessions from this conference. Nearly like being there! Give Mark a few days to upload all the content. We are still waiting for high speed uploads ... maybe in 2030!!! Looking forward to next years conference allowing CPNB plenty of time to organise as many as in a football team to attend. It is certainly a worthwhile event to attend to assist and inform us all of technological advances and changes.

[Please click here for all details](#)



**Melbourne Cup Luncheon 2017 at the Cidery Bar**  
*shared by Judy Elias, CPNB trainer*

**Melbourne Cup Luncheon** at the Cidery Bar, Rydges World Square Hotel, Tuesday 7 November 2017. Followed by the most magic Asian dinner experience EVER! Well, it crystallised into the most unimaginable afternoon and evening. We ran three sweeps \$2, \$5 and \$10. The lucky winner of the BIG one was Dave White and Margaret Randall had the most overall winners. The Cidery Bar was a buzz with Melbourne Cup fever – displays on two TV's and many personal devices. We were even privy to watching a private Cup fashion parade in the Cidery Bar. What a spectacular bonus!

Where to for dinner? We stumbled on the 'YuXiang Mini Hot Pot' restaurant in Chinatown. An amazing selection of Asian food, condiments and sauces. Each guest has the experience of cooking their own selection of soup on a hot plate recessed in front of them in the table setting. All the ingredients we ordered we added at our own pace to the saucepan which cooked very quickly. Unsurprisingly we were the only Caucasians in the restaurant. A highly recommended up-market experience in a truly traditional Asian atmosphere. Let's do it again. I would not have missed this for the world!

By the way, thanks to all who took time-out to support us with this special (out of area) 'Let's do Social' event and I feel sure you all enjoyed it as much as I did.



**'Taking the NBN out of the too Hard Basket' Session**  
*facilitated by Charles Migel, CPNB trainer*

'Taking the NBN out of the too Hard Basket' session facilitated by Charles Migel

was indisputably a powerful mind blowing, wake-up call. This session was held Wednesday 25 October, 2017 in the Meehan Room at Dee Why RSL and was absolutely jammed packed with down to earth, relevant, unbiased, easily understandable information. Without any spin from the politicians, the telcos nor the NBN! We learnt the news is not all that crash hot for Australia's immediate future as far as fast broadband. The way to go is fibre to the premise which few existing buildings will be fortunate to win! We should take NZ's lead where all broadband is rolled out as fibre to the premise. A really BIG thanks to Charles for this excellent presentation and of course not to forget our full house of attendees.

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**Vov Dylan String Quintet  
"Beyond the Danube"  
The world's fastest violinist returns to Humph Hall**

***Our 'Let's do Social' October 2017 activity***

**Let's do Social's second visit to Humph Hall**, Sunday 22 October, 2017 left us spellbound by the medley and range of orchestral music showcased by the Vov Dylan String Quintet. In addition we were gobsmacked by Vov Dylan's introduction of his special guest. How could we not be in awe of his 9 year old student violinist? His skilled first performance on stage in front of a live audience promoted much applause. This show was testament to why Vov Dylan String Quintet's initial show was a sell-out and a second show became an indisputable request. We all agreed it was a wonderful enriching musical experience. An evening we were glad we had not missed.

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## **Brookie Show**

*hosted by Radio Northern Beaches 88.7FM and 90.3FM  
Dave Simons and Judy Elias*

What an amazing day we had yesterday David and I enjoyed helping with the live broadcast on Radio Northern Beaches 88.7FM and 90.3FM at the Brookie Show, Saturday 21 October, 2017 at Brookvale Oval, Brookvale. What wasn't at the fair? There were rides, bands, clowns, hot dogs, stalls a B-Line bus and us in our van and tent at the top of the hill with a birds eye view of the whole event. We were delighted to interview the many entertainers and bands present. Of course we were given the opportunity, with plenty of air time, to mention Computer Pals Northern Beaches as part of the many volunteer organisations on the Northern Beaches. Our organisation helping seniors with technology.

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## **Learn all the new features in iOS 11 for your iPhone and iPad**

We're giving you a full walkthrough tutorial of Apple's new Operating System. iOS 11 offers several new features to iPhone and iPad owners including a new control center/multi-tasking screen, document scanner, Do Not Disturb functions to prevent distracted driving, and so much more.

[for the video tutorial please click here](#)

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## **Learn 10 cool tips and tricks for Windows 10 that you wish you knew earlier**

In this video, you will be shown 10 cool tips and tricks for Windows 10 that you wish you knew earlier. Some of these are hidden features that you should know and were recently added after the Windows 10 creators update. Many of these computer tricks and tips will help you to get the most out of Windows 10.

[for the video tutorial please click here](#)

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## **Please LIKE us on Facebook**

This will give you the opportunity to **FOLLOW** our posts in realtime and also comment and become involved with communicating with all members of CompalsNB. Please enjoy.

Our public Facebook page is: <https://www.facebook.com/compalsnb/>



Like us on  
**Facebook**



Would you like to be a  
**TRAINER**



Please contact Anne Matthews  
[anne.computerpals@gmail.com](mailto:anne.computerpals@gmail.com)



**History of the Northern Beaches  
'Manly, early attractions & activities'**

*The fifth in a series from Nan Bosler*

The Corso was originally built as a boardwalk in 1855 to allow tourists to cross the sand spit between the harbour pier and the ocean beach. Of course tourists loved

the natural beauty of the seaside village but over the decades they also sought entertainment. We have time to explore a few of those entertainments and activities.

[more about this](#)



## ASCCA November Newsletter 2017

May we suggest you please visit the ASCCA website and look just once and then decide for yourself just how useful it is!

[ascca.org.au](http://ascca.org.au)

Articles in September's Newsletter include:

- ASCCA Notice Board
- ASCCA AGM notice
- AUSOMe way to celebrate Victorian Seniors Festival
- Final Program for ASCCA Conference
- "SWADE" comes to Western Australia
- [more about this](#)

## Let's do SOCIAL!

Join us monthly or bi-monthly to catch-up socially. It could be for a casual coffee, breakfast, lunch, brunch, high tea, dinner, walk, show or even a planned trip away! We can make it happen for those who would like to get to know one another and who do not get the opportunity to have time to chat in class. It will also give members the opportunity to chat with students and trainers who do not see each other because they attend classes on different days. This is a wonderful chance just to be social with all students, trainers and members wanting a casual chat or a planned social activity. If you cannot make it one month you will always be welcomed the next. This can be as casual as your time permits. Please add your name to our list by contacting Judy Elias at [judy\\_elias@optusnet.com.au](mailto:judy_elias@optusnet.com.au) or 0418288005

Let's do  
**SOCIAL**



grab a cup &  
stay a while.

### Our website

Please visit us at [compalsnb.org.au](http://compalsnb.org.au)

OUR CLUB	ONE ON ONE	OUR SPONSORS	HINTS & TIPS	LINKS	GALLERY	NEWSLETTERS
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### Online Safety

Please click on the image below to keep updated with online safety



**Facebook for Computer Pals Northern Beaches**

[facebook.com/compalsnb](https://facebook.com/compalsnb)



Our Facebook page, *Compals NB* is a public social media online resource. Posts related to our clubs' public events and activities will keep us updated. We can view this page even if not owning a Facebook account at: [facebook.com/compalsnb](https://facebook.com/compalsnb) or just click on the photo above.



## Our Training Term Calendar for 2017

Training takes place throughout the year from January to December, excluding school and public holidays. The duration of a term is typically 10 weeks.

### Terms for 2017

Term 1: Mon 30 Jan - Fri 7 Apr

Term 2\*: Wed 26 Apr - Fri 30 Jun

Term 3: Mon 17 Jul - Fri 22 Sep

Term 4: Mon 9 Oct - Fri 15 Dec

[for more detail about this](#)

TL;DR, short for **"too long; didn't read"**

PRESIDENT: Allan Burrowes | VICE PRESIDENT: Nan Bosler | TREASURER: Ian Vickery | SECRETARY: Margaret Randall | TRAINERS COORDINATOR: Anne Matthews | EDITOR IN CHIEF: Judy Elias | EMAIL: [info@compalsnb.org.au](mailto:info@compalsnb.org.au) | WEB: [www.compalsnb.org.au](http://www.compalsnb.org.au) | ASCCA: <http://www.ascca.org.au> | TRAINERS MEETINGS: First Wed. per month at 12.15pm

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Computer Pals for Seniors Northern Beaches is a voluntary, not-for-profit organisation set up to help the over fifties navigate the maze of computers and the internet. Our mission is to provide seniors with computer literacy and support whilst promoting social and recreational activities. We are always looking for new trainers and other volunteer helpers so if you think you could (or know of someone who could) help us out, be sure to give us a call, drop an email or visit the website <http://www.compalsnb.org.au>

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