



BRAIN TRAINING

What are the best free brain-training apps that I can use on my phone or tablet?

Ready to get SMARTER?



Here are five worth a try that we are going to look at today

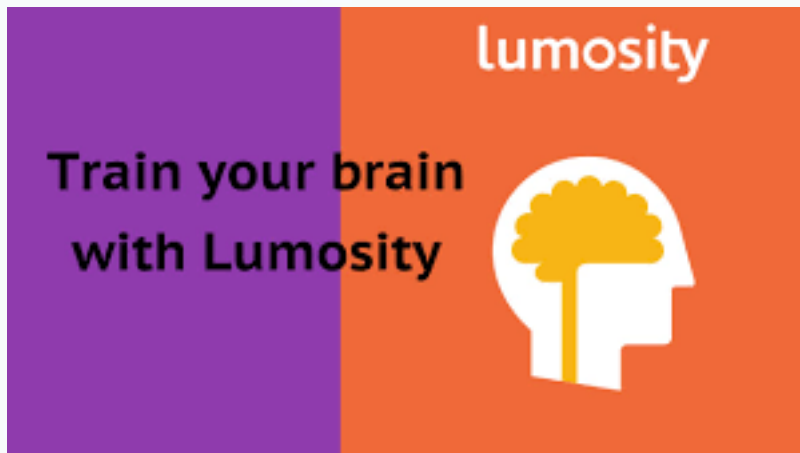
- Peak Android/iOS (Free + in-app purchases)
- Elevate Android/iOS (Free + in-app purchases)
- Lumosity Android/iOS (Free + in-app purchases)
- Cognifit Android/iOS (Free + in-app purchases)
- Membrain Training Android/iOS (Free + in-app purchases)



- Peak Android/iOS (Free + in-app purchases)
- Peak Brain Training app, which is featured on the list of the Best Alzheimer's disease apps for iOS and Android. Peak is a brain game for the smart phone and tablet which allows users to play games in order to test and build their brain skills. It has practical daily usage and can also be used as games for dementia patients.



- Elevate Android/iOS (Free + in-app purchases)
- The Elevate app is a tool that will help you train your brain through brain games. Unlike other games for the brain, this also includes reading speed and comprehension.



- Lumosity Android/iOS (Free + in-app purchases)
- Play Over 50 Cognitive Games. Start Training Your Brain Now, Free Signup. 50+ Brain Games. Take the Fit Test. Available for Android/iOS. Fun Daily Workouts. Courses: Play Word Bubbles, Play Train of Thought, Play Raindrops, Play Memory Matrix.



- Cognifit Android/iOS (Free + in-app purchases)
- Brain games can help evaluate and train your mind, your brain, and your cognitive abilities. Taking advantage of the latest research on neuroplasticity, CogniFit has developed specific brain workouts for the various cognitive skills we use in our everyday lives. Through the CogniFit online platform, you will have access to a large number of games and you will be able to select specific training exercises that suit your particular needs.



- Membrain Training Android/iOS (Free + in-app purchases)
- Different games to improve memory such as boxes to find, geometric shapes or cards to memorize. There are also English words to memorize and find. 12 levels per game are available, with increasing difficulty.

The presentation will be loaded on to our website, download one or more and have some fun.

